



# SMART SNACKING

**February 2025** Academy of Entrepreneurship Studies Middle @ L'Ouverture (6-8)  
Lunch

## MONDAY

**3**

- Create
- **BBQ Chicken TOTchos**
- Hawaiian Roll
- Macaroni and Cheese
- 2Mato
- **Classic Cheese Pizza**
- **Classic Pepperoni Pizza**
- Fresh Caesar Salad
- On the Go
- **Turkey Ham & Cheese Wrap**
- Fruit & Vegetable Bar
- Fresh Banana
- Roasted Cinnamon Pineapple
- Lettuce & Tomato Side Salad
- Baby Carrots & Celery Sticks
- Fresh Broccoli Florets

## TUESDAY

**4**

- Sono
- **Fajita Marinated Chicken**
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Grill
- **Classic Chicken Sandwich**
- **Spicy Chicken Sandwich**
- French Fries
- On the Go
- **Banana Chocolate Smoothie**
- Honey Graham Crackers
- Fruit & Vegetable Bar
- Fresh Orange Wedges
- Cinnamon Diced Peaches
- Spinach & Romaine Salad
- Fresh Green Peppers Strips
- Sliced Cucumbers

## WEDNESDAY

**5**

- Create
- **Spaghetti with Italian Meat Sauce**
- Garlic Herb Flatbread
- Seasoned Cauliflower
- 2Mato
- **Classic Cheese Pizza**
- **Hamburger Pizza**
- Fresh Caesar Salad
- On the Go
- **Cheddar/Mozzarella Salad**
- Croutons
- Fruit & Vegetable Bar
- Fresh Banana
- Mixed Melons & Pineapple Salad
- Lettuce & Tomato Side Salad
- Baharat Spiced Chickpeas
- Corn & Pepper Salad

## THURSDAY

**6**

- Create
- **Beef Taco Supreme**
- Salsa
- Seasoned Refried Beans
- Shredded Lettuce
- Grill
- **Classic Cheeseburger in Bun**
- **Jumbo Crispy Chicken Tenders**
- **Hawaiian Roll**
- French Fries
- On the Go
- **Turkey Ham & Cheese Wrap**
- Fruit & Vegetable Bar
- Fresh Orange Wedges
- Cinnamon Diced Peaches
- Spinach & Romaine Salad
- Fresh Carrots
- Sliced Cucumbers

## FRIDAY

**7**

- Create
- **Teriyaki Glazed Chicken**
- Brown Rice
- Roasted Broccoli
- 2Mato
- **Classic Cheese Pizza**
- **Classic Pepperoni Pizza**
- Spring Mix Salad
- Homemade Italian Dressing
- On the Go
- **Cheddar/Mozzarella Salad**
- Croutons
- Fruit & Vegetable Bar
- Fresh Banana
- Blue Raspberry Lemon Frozen SideKicks
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- Corn & Pepper Salad

**10**

- Create
- **BBQ Chicken Sandwich**
- Hawaiian Roll
- Macaroni and Cheese
- BBQ Baked Beans
- 2Mato
- **Classic Cheese Pizza**
- **Classic Pepperoni Pizza**
- Fresh Caesar Salad
- On the Go
- **Mediterranean Salad**
- Croutons
- Fruit & Vegetable Bar
- Fresh Pear
- Diced Watermelon
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- Corn & Black Bean Salad

**11**

- Sono
- **Fajita Marinated Chicken**
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Grill
- **Classic Chicken Sandwich**
- **Spicy Chicken Sandwich**
- French Fries
- On the Go
- **Roasted Italian Vegetable Wrap**
- Fruit & Vegetable Bar
- Fresh Orange Wedges
- Applesauce
- Spinach & Romaine Salad
- Corn Salad with Ranch
- Carrot & Celery Sticks

**12**

- Create
- **Mashed Potato & Chicken Bowl**
- Hawaiian Roll
- Seasoned Corn
- 2Mato
- **Classic Cheese Pizza**
- **Hamburger Pizza**
- Fresh Caesar Salad
- On the Go
- **Strawberry Banana Smoothie**
- Honey Graham Crackers
- Fruit & Vegetable Bar
- Fresh Pear
- Tropical Fruit Cocktail
- Lettuce & Tomato Side Salad
- Corn & Black Bean Salad
- Buttermilk Coleslaw

**13**

- Create
- **Chicken Nachos**
- Shredded Lettuce
- Salsa
- Seasoned Refried Beans
- Grill
- **Classic Cheeseburger in Bun**
- **Italian Chicken Parm Sandwich**
- French Fries
- On the Go
- **Turkey Chef Salad**
- **Whole Grain Seasoned Croutons**
- Fruit & Vegetable Bar
- Fresh Orange Wedges
- Strawberry & Cream Be Mine! Frozen SideKicks Celebrations
- Spinach & Romaine Salad
- Fresh Cherry Tomatoes
- Carrot & Celery Sticks

**14**

**17****18****19****20****21**

Sono

- **Fajita Marinated Chicken**
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce

Grill

- **Classic Chicken Sandwich**
- **Spicy Chicken Sandwich**
- French Fries

On the Go

- **Strawberry Mango Smoothie**
  - Honey Graham Crackers
- Fruit & Vegetable Bar
- Chilled Peaches
  - Fresh Red and Green Seedless Grapes
  - Lettuce & Tomato Side Salad
  - Sliced Zucchini
  - Corn & Black Bean Salad

Create

- **Rotini Tossed in Italian Meat Sauce**
- Garlic Herb Flatbread
- Italian Vegetables

2Mato

- **Classic Cheese Pizza**
- **Hamburger Pizza**
- Fresh Caesar Salad

On the Go

- **Turkey BLT Wrap**
- Fruit & Vegetable Bar
- Fresh Banana
  - Fresh Granny Smith Apple
  - Spinach and Strawberry Salad
  - Fresh Cauliflower Florets
  - Corn & Pepper Salad

Create

- **Beef Taco Supreme**
- Seasoned Black Beans
- Salsa

Grill

- **Classic Cheeseburger in Bun**
- **Jumbo Crispy Chicken Tenders**
- **Hawaiian Roll**
- French Fries

On the Go

- **Pineapple Parfait with Granola**
- Fruit & Vegetable Bar
- Chilled Peaches
  - Fresh Red and Green Seedless Grapes
  - Lettuce & Tomato Side Salad
  - Sliced Zucchini
  - Corn & Black Bean Salad

Create

- **Buttermilk Pancakes**
- Tater Tots
- Strawberry Topping
- Turkey Sausage Patty
- Breakfast Syrup

2Mato

- **Classic Cheese Pizza**
- **Classic Pepperoni Pizza**
- Spring Mix Salad
- Homemade Italian Dressing

On the Go

- **Cheddar/Mozzarella Salad**
  - Croutons
- Fruit & Vegetable Bar
- Fresh Granny Smith Apple
  - Orange Pineapple & Cherry Swirl
  - Spinach and Cranberry Salad
  - Lettuce & Tomato Side Salad
  - Corn & Pepper Salad

**24**

Create

- **Hawaiian Meatballs**
- Brown Rice
- Seasoned Asian Style Blend Vegetables

2Mato

- **Classic Cheese Pizza**
- **Classic Pepperoni Pizza**
- Fresh Caesar Salad

On the Go

- **Southwest Black Bean & Brown Rice**

Fruit &amp; Vegetable Bar

- Banana with Cinnamon and Sugar
- Kiwi Slices
- Spinach and Strawberry Salad
- Fresh Broccoli Florets
- Fresh Carrots

**25**

Sono

- **Fajita Marinated Chicken**
- **Beef Taco Meat**
- Tortilla Chips
- Soft Flour Tortilla
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce

Grill

- **Classic Chicken Sandwich**
- **Spicy Chicken Sandwich**
- French Fries

On the Go

- **Roasted Italian Vegetable Wrap**
- Fruit & Vegetable Bar
- Fresh Orange Wedges
  - Cinnamon Diced Peaches
  - Lettuce & Tomato Side Salad
  - Sliced Zucchini
  - Corn & Pepper Salad

**26**

Create

- **Chicken Alfredo Rotini**
- Garlic Herb Flatbread
- Roasted Green Beans

2Mato

- **Classic Cheese Pizza**
- **Hamburger Pizza**
- Fresh Caesar Salad

On the Go

- **Southwest Black Bean & Brown Rice**

Fruit &amp; Vegetable Bar

- Fresh Banana
- Pineapple Tidbits
- Spinach and Strawberry Salad
- Fresh Cauliflower Florets
- Marinated Cool Cucumbers

**27**

Create

- **Chicken Nachos**
- Seasoned Black Beans
- Salsa

Grill

- **Classic Cheeseburger in Bun**
- **Jumbo Crispy Chicken Tenders**
- **Hawaiian Roll**
- French Fries

On the Go

- **Buffalo Chicken Wrap**
- Fruit & Vegetable Bar
- Fresh Orange Wedges
  - Cinnamon Diced Peaches
  - Lettuce & Tomato Side Salad
  - Fresh Green Peppers Strips
  - Fresh Carrots

**28**

Create

- **Beef Patty**
- **Beef Gravy**
- Fresh Baked Whole Grain Biscuit
- Mashed Potatoes

2Mato

- **Classic Cheese Pizza**
- **Classic Pepperoni Pizza**
- Spring Mix Salad
- Homemade Italian Dressing

On the Go

- **Cheddar/Mozzarella Salad**
  - Croutons
- Fruit & Vegetable Bar
- Fresh Granny Smith Apple
  - Blue Raspberry Lemon Frozen SideKicks
  - Fresh Broccoli Florets
  - Corn & Pepper Salad
  - Spicy Roasted Garbanzo Beans

🍴 2/3 Tater Tot Day, 🍷 2/13 Italian Food Day

**If you have a food allergy, please notify us.** Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

**Adult Meal Prices** Adult Breakfast: \$2.84, Adult Lunch: \$5.29

**Menus Subject to Change** We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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